

# COVID Protocols (v2.0)

## General Guidelines

No athlete, coach, volunteer, staff, or other participant ("Participants") will be allowed into the facility if they have any of the below listed COVID 19 symptoms, or have been in contact with someone who is suspected or confirmed to have COVID-19 in the past 10 days:

- Fever (temperature of 100.4 or higher) or are feeling feverish;
- Respiratory symptoms such as runny nose, nasal congestion, sore throat cough, or shortness of breath;
- General body symptoms such as muscle aches, chills, and severe fatigue;
- Gastrointestinal symptoms such as nausea, vomiting, or diarrhea;
- Changes in sense of taste or smell.

Any Participant who has been outside New England or taken public transportation in the past 10 days must quarantine for 10 days prior to coming to the facility and certify to us that you have quarantined by signing the paperwork required by the State of NH.

Exceptions to quarantine are Participant who has been fully vaccinated for COVID-19 for more than 14 days or who has tested positive for COVID-19 in the last 90 days (if more than 90 days you must still follow all quarantine requirements).

All spectators must conduct a daily self-assessment before coming to the Dome.

Participants are required to wear a mask upon entrance, during team temperature checks and any time in the lobby and foyer or while using restrooms and while departing. All Participants and spectators should practice responsible "Physical Distancing" by remaining 6 feet apart from non-family members whenever possible while using the facility. Spectators over the age of 2 must wear masks.

Please be aware of signage in the facility directing traffic flow. Enter the facility through the revolving doors on the right side as you enter the Dome foyer, move through the Dome in a <u>counter-clockwise</u> direction around the track, and exit the facility through the revolving doors to the right as you face the Dome foyer.



Anyone who fails the temperature check must leave the building immediately or be placed in the safe space above the restrooms.

Parents are asked to not leave your child at the Dome until you know they have passed the temperature check, answered screening questions to the satisfaction of the safety officer, and are clear to enter the playing area of the facility

Wash your hands and/or use hand sanitizer upon entrance, while in the building, and as you leave.

## Rental Guidelines

Rental Groups are required to provide a "Volunteer Safety Officer" during rental times to take attendance, complete temperature checks, ask required screening questions, and to assist staff in keeping to physical distancing protocols. All Rental Groups are required to clean their usage area of any trash left behind before leaving the facility.

Players & spectators must remain outside the facility until <u>5 minutes prior</u> to their scheduled training session. Gathering in the foyer or lobby is not an alternative as you cannot properly space from other groups or the groups trying to exit the building.

Coaches and administrators may enter the facility 10 minutes prior to their scheduled training session in order to be set up for check in of their players.

Groups must conclude their training session <u>5 minutes prior</u> to the end of their contracted time. This allows the group ample time for cleaning up and exiting the field during the allotted time and so that the next Group can start on time..

All Rental Groups must keep a Participant attendance log for each visit to the Dome and retain such log for at least 21 days.

*In Case of an Emergency or Sickness:* 

 Coaches, volunteers, and staff are required to keep a mask with them at all times while on the field and wear it whenever they cannot maintain at least 6 feet distance. They must wear a mask when dealing with the incident.



- 2. If a Participant gets sick while on the field please get the "Dome Emergency Bucket" immediately and remove the sick individual to a safe space above the Dome bathrooms.
- 3. If the Parent is not in attendance please call them immediately for pickup and staff must take a note of the Participant's name and phone number.

# **Leagues and Tournaments Guidelines**

### Mandates for Athletes:

- 1. All players must conduct a daily self-assessment before coming to the Dome for activity and be prepared to answer screening questions.
- 2. All Players must sign up though our online registration program and sign the electronic waiver to play in our leagues.
- 3. Bring your own water bottle which must be labeled with your name, no shared water use in the facility at any time.
- 4. Must adhere to 6 foot social distancing on the home or away sideline.
- 5. Players are highly encouraged to not touch their face, eyes and mouth guards once in place.
- 6. No high fives, handshake lines, or other physical contact with team mates opposing players, coaches, officials or fans. A round of applause can be used following the game to honor your opponents.
- 7. Players must warm up in designated areas assigned by the Dome.

### Mandates for Spectators:

- All spectators must conduct a daily self-assessment before coming to the Dome to enjoy activity.
- 2. Parents will be asked to social distance on the outer rollaway during contests in designated Home/Away spectators areas.
- 3. Face coverings or masks are required at all times.
- 4. We will limit the number of spectators at the Dome by allowing only <u>one</u> <u>spectator per player</u> in attendance. The spectator must enter the facility with the player to be allowed to attend the contest.
- 5. Avoid post play socializing and leave the facility as soon as reasonably possible.
- 6. Spectators are allowed to bring chairs into the facility.

### Mandates for Coaches:



- All Coaches must attend a "Coaches Meeting" prior to the start of the session, set by the Director of Athletics to go over protocols and guidance for your teams.
- 2. All Coaches must conduct a daily self-assessment before coming to the Dome for activity.
- Coaches must adhere to 6 foot physical distance whenever possible, if a Coach needs to address his team in a close group setting he must put on his/her mask and keep the kids 6 feet apart.
- 4. No high fives, handshake lines, or other physical contact with team mates opposing players, coaches, officials or fans. A round of applause can be used following the game to honor your opponents.
- 5. Coaches must call the official to the sideline with all questions and remain 6 feet from the official. For the safety of all we do not allow aggressive arguing with any official.

### Mandates for Officials:

- 1. All Officials must conduct a daily self-assessment before coming to the Dome.
- 2. Officials must adhere to 6 foot physical distancing when interacting with players, coaches, and others.
- 3. Officials must wear a face mask whenever the game is not in session.
- 4. There is no coin toss, the Home team will begin with possession in the first half and the Away team in the second half.
- 5. Scores will be texted to the league administrator at the end of each contest.

Game play rule adjustments and safety guidance training will be given to Coaches at the Coaches meeting and administered to parents and players at the first practice session or game prior to week 1.

### Communication:

If any player that participates in our youth or adult leagues becomes ill with the flu or tests positive for Covid-19 please contact Sean Wisbey at (603) 673-8123 x 568 or by email at <a href="mailto:swisbey@hampshirehills.com">swisbey@hampshirehills.com</a>. Our internal communication plan is to contact Parents and Players though our online registration facility database. You must register online to play in our leagues.

The Hampshire Dome has the right to update safety guidance at any time during the year. For questions, concerns, and guidance please contact the following at any time:



### <u>Leagues:</u>

Sean Wisbey, Director of Athletics, 673-7123 ext 568; <a href="mailto:swisbey@hampshirehills.com">swisbey@hampshirehills.com</a>
Rentals:

Tom Sapienza, General Manager, 673-7123 ext 238; tsapienza@hampshirehills.com

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